# Quality ID #320 (CBE 0658): Appropriate Follow-Up Interval for Normal Colonoscopy in Average Risk Patients

# 2025 COLLECTION TYPE: MIPS CLINICAL QUALITY MEASURES (CQMS)

#### **MEASURE TYPE:**

Process - High Priority

#### **DESCRIPTION:**

Percentage of patients aged 45 to 75 years of age receiving a screening colonoscopy without biopsy or polypectomy who had a recommended follow-up interval of 10 years for repeat colonoscopy documented in their colonoscopy report.

#### **INSTRUCTIONS:**

This measure is to be submitted a minimum of <u>once per performance period</u> for patients seen during the performance period. Performance for this measure is not limited to the performance period. This measure may be submitted by Merit-based Incentive Payment System (MIPS) eligible clinicians who perform the quality actions described in the measure based on services provided and the measure specific denominator coding. Patients who have a coded colonoscopy procedure that has a modifier 52, 53, 73, or 74 will not qualify for inclusion into the measure.

#### Measure Submission Type:

Measure data may be submitted by individual MIPS eligible clinicians, groups, or third-party intermediaries. The listed denominator criteria are used to identify the intended patient population. The numerator options included in this specification are used to submit the quality actions as allowed by the measure. The quality data codes listed do not need to be submitted by MIPS eligible clinicians, groups, or third-party intermediaries that utilize this modality for submissions; however, these codes may be submitted for those third-party intermediaries that utilize Medicare Part B claims data. For more information regarding Application Programming Interface (API), please refer to the Quality Payment Program (QPP) website.

# **DENOMINATOR:**

All patients aged 45 to 75 years of age receiving a screening colonoscopy without biopsy or polypectomy

#### **Denominator Instructions:**

MIPS eligible clinicians who indicate that the colonoscopy procedure is incomplete or was discontinued should use the procedure number and the addition (as appropriate) of modifier 52, 53, 73, or 74. Patients who have a coded colonoscopy procedure that has a modifier 52, 53, 73, or 74 will not qualify for inclusion into this measure.

#### Denominator Criteria (Eligible Cases):

Patients aged 45 to 75 on date of encounter <u>AND</u> Patient undergoing screening for malignant neoplasm of colon (ICD-10-CM): Z12.11 <u>AND</u> Patient procedure during the performance period (CPT or HCPCS): 44388, 45378, G0121 <u>WITHOUT</u> Modifiers: 52, 53, 73, or 74 <u>WITHOUT</u> Telehealth Modifier (including but not limited to): GQ, GT, POS 02, POS 10

#### NUMERATOR:

Patients who had recommended follow-up interval of 10 years for repeat colonoscopy documented in their colonoscopy report

**NUMERATOR NOTE:** To meet the numerator, patients with a negative screening colonoscopy should have documentation that they received counseling or instruction to have a follow-up or repeat colonoscopy in 10 years. A 6 month period before or after 10 years is considered within the recommended follow-up interval.

<u>OR</u>	<u>Numerator Options:</u> Performance Met:	Recommended follow-up interval for repeat colonoscopy of 10 years documented in colonoscopy report and communicated with patient (M1377)
	Denominator Exception:	Documentation of medical reason(s) for not recommending a 10 year follow-up interval (e.g., inadequate prep, familial or personal history of colonic polyps, patient had no adenoma and age is $\geq$ 66 years old, or life expectancy < 10 years, other medical reasons) (M1378)
	Performance Not Met:	A 10 year follow-up interval for colonoscopy not recommended, reason not otherwise specified <b>(M1379)</b>

#### RATIONALE:

In the average-risk population, colorectal cancer screening using colonoscopy is recommended in all current guidelines at 10-year intervals. Inappropriate interval recommendations can result in overuse of resources and can lead to significant patient harm and unnecessary healthcare expenditures. Performing colonoscopy too often not only increases patients' exposure to procedural harm, but also drains resources that could be more effectively used to adequately screen those in need of more urgent colonoscopy (Lieberman et al, 2008).

Variations in the recommended time interval between colonoscopies exist for patients with normal colonoscopy findings. In a 2006 study of 1282 colonoscopy reports, recommendations were consistent with contemporaneous guidelines in only 39.2% of cases and with current guidelines in 36.7% of cases. Further, the adjusted mean number of years in which repeat colonoscopy was recommended was 7.8 years following normal colonoscopy (Krist et al, 2007).

#### **CLINICAL RECOMMENDATION STATEMENTS:**

At present, colonoscopy every 10 years is an acceptable option for colorectal cancer (CRC) screening in averagerisk adults beginning at age 45 years. (USPSTF 2021, USMSTF 2021). The US Preventive Services Task Force (USPSTF) recommends CRC screening using stool-based tests (fecal occult blood test, fecal immunochemical test [FIT], FIT-DNA), sigmoidoscopy, CT colonography, or colonoscopy in adults, beginning at age 45 years and continuing until the age of 75 years (USPSTF Grade B recommendation for age 45-49; USPSTF Grade A recommendation for age 50-75). The risks and benefits of these screening methods vary (USPSTF, 2021).

The decision to screen for colorectal cancer in adults 76 to 85 years of age should be an individual one, taking into account the patient's overall health, prior screening history, and preferences (Grade C recommendation) (USPSTF, 2021).

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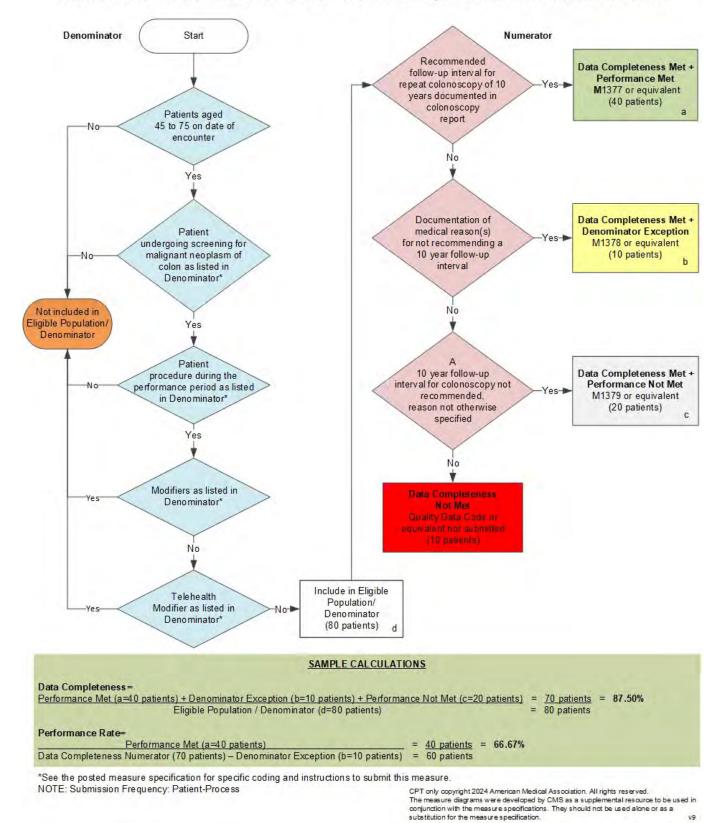
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#### 2025 Clinical Quality Measure Flow for Quality ID #320 (CBE 0658): Appropriate Follow-Up Interval for Normal Colonoscopy in Average Risk Patients

Disclaimer: Refer to the measure specification for specific coding and instructions to submit this measure.



# 2025 Clinical Quality Measure Flow Narrative for Quality ID #320 (CBE 0658): Appropriate Follow-Up Interval for Normal Colonoscopy in Average Risk Patients

Disclaimer: Refer to the measure specification for specific coding and instructions to submit this measure.

- 1. Start with Denominator
- 2. Check Patients aged 45 to 75 on date of encounter:
  - a. If *Patients aged 45 to 75 on date of encounter* equals No, do not include in *Eligible Population/Denominator*. Stop processing.
  - b. If Patients aged 45 to 75 on date of encounter equals Yes, proceed to check Patient undergoing screening for malignant neoplasm of colon as listed in Denominator\*.
- 3. Check Patient undergoing screening for malignant neoplasm of colon as listed in Denominator\*:
  - a. If Patient undergoing screening for malignant neoplasm of colon as listed in Denominator\* equals No, do not include in *Eligible Population/Denominator*. Stop processing.
  - b. If Patient undergoing screening for malignant neoplasm of colon as listed in Denominator\* equals Yes, proceed to check Patient procedure during the performance period as listed in Denominator\*.
- 4. Check Patient procedure during the performance period as listed in Denominator\*:
  - a. If Patient procedure during the performance period as listed in Denominator\* equals No, do not include in *Eligible Population/Denominator*. Stop processing.
  - b. If Patient procedure during the performance period as listed in Denominator\* equals Yes, proceed to check Modifiers as listed in Denominator\*.
- 5. Check Modifiers as listed in Denominator\*:
  - a. If *Modifiers as listed in Denominator\** equals Yes, do not include in *Eligible Population/Denominator*. Stop processing.
  - b. If Modifiers as listed in Denominator\* equals No, proceed to check Telehealth Modifier as listed in Denominator\*.
- 6. Check Telehealth Modifier as listed in Denominator\*:
  - a. If *Telehealth Modifier as listed in Denominator*\* equals Yes, do not include in *Eligible Population/Denominator*. Stop processing.
  - b. If Telehealth Modifier as listed in Denominator\* equals No, include in Eligible Population/Denominator.
- 7. Denominator Population:
  - Denominator Population is all Eligible Patients in the Denominator. Denominator is represented as Denominator in the Sample Calculation listed at the end of this document. Letter d equals 80 patients in the Sample Calculation.
- 8. Start Numerator
- 9. Check Recommended follow-up interval for repeat colonoscopy of 10 years documented in colonoscopy report:

- a. If Recommended follow-up interval for repeat colonoscopy of 10 years documented in colonoscopy report equals Yes, include in Data Completeness Met and Performance Met.
  - Data Completeness Met and Performance Met letter is represented in the Data Completeness and Performance Rate in the Sample Calculation listed at the end of this document. Letter a equals 40 patients in the Sample Calculation.
- b. If Recommended follow-up interval for repeat colonoscopy of 10 years documented in colonoscopy report equals No, proceed to check Documentation of medical reason(s) for not recommending a 10 year follow-up interval.
- 10. Check Documentation of medical reason(s) for not recommending a 10 year follow-up interval:
  - a. If Documentation of medical reason(s) for not recommending a 10 year follow-up interval equals Yes, include in Data Completeness Met and Denominator Exception.
    - Data Completeness Met and Denominator Exception is represented in the Data Completeness and Performance Rate in the Sample Calculation listed at the end of this document. Letter b equals 10 patients in the Sample Calculation.
  - b. If Documentation of medical reason(s) for not recommending a 10 year follow-up interval equals No, proceed to check A 10 year follow-up interval for colonoscopy not recommended, reason not otherwise specified.
- 11. Check A 10 year follow-up interval for colonoscopy not recommended, reason not otherwise specified:
  - a. If A 10 year follow-up interval for colonoscopy not recommended, reason not otherwise specified equals Yes, include in Data Completeness Met and Performance Not Met.
    - Data Completeness Met and Performance Not Met is represented in the Data Completeness in the Sample Calculation listed at the end of this document. Letter c equals 20 patients in the Sample Calculation.
  - b. If A 10 year follow-up interval for colonoscopy not recommended, reason not otherwise specified equals No, proceed to check Data Completeness Not Met.
- 12. Check Data Completeness Not Met:
  - If *Data Completeness Not Met*, the Quality Data Code was not submitted. 10 patients have been subtracted from the Data Completeness Numerator in the Sample Calculation.

# Sample Calculations

Data Completeness equals Performance Met (a equals 40 patients) plus Denominator Exception (b equals 10 patients) plus Performance Not Met (c equals 20 patients) divided by Eligible Population/Denominator (d equals 80 patients). All equals 70 patients divided by 80 patients. All equals 87.50 percent.

Performance Rate equals Performance Met (a equals 40 patients) divided by Data Completeness Numerator (70 patients) minus Denominator Exception (b equals 10 patients). All equals 40 patients divided by 60 patients. All equals 66.67 percent.

\*See the posted measure specification for specific coding and instructions to submit this measure.

NOTE: Submission Frequency: Patient-Process

The measure diagrams were developed by CMS as a supplemental resource to be used in conjunction with the measure specifications. They should not be used alone or as a substitution for the measure specification.